

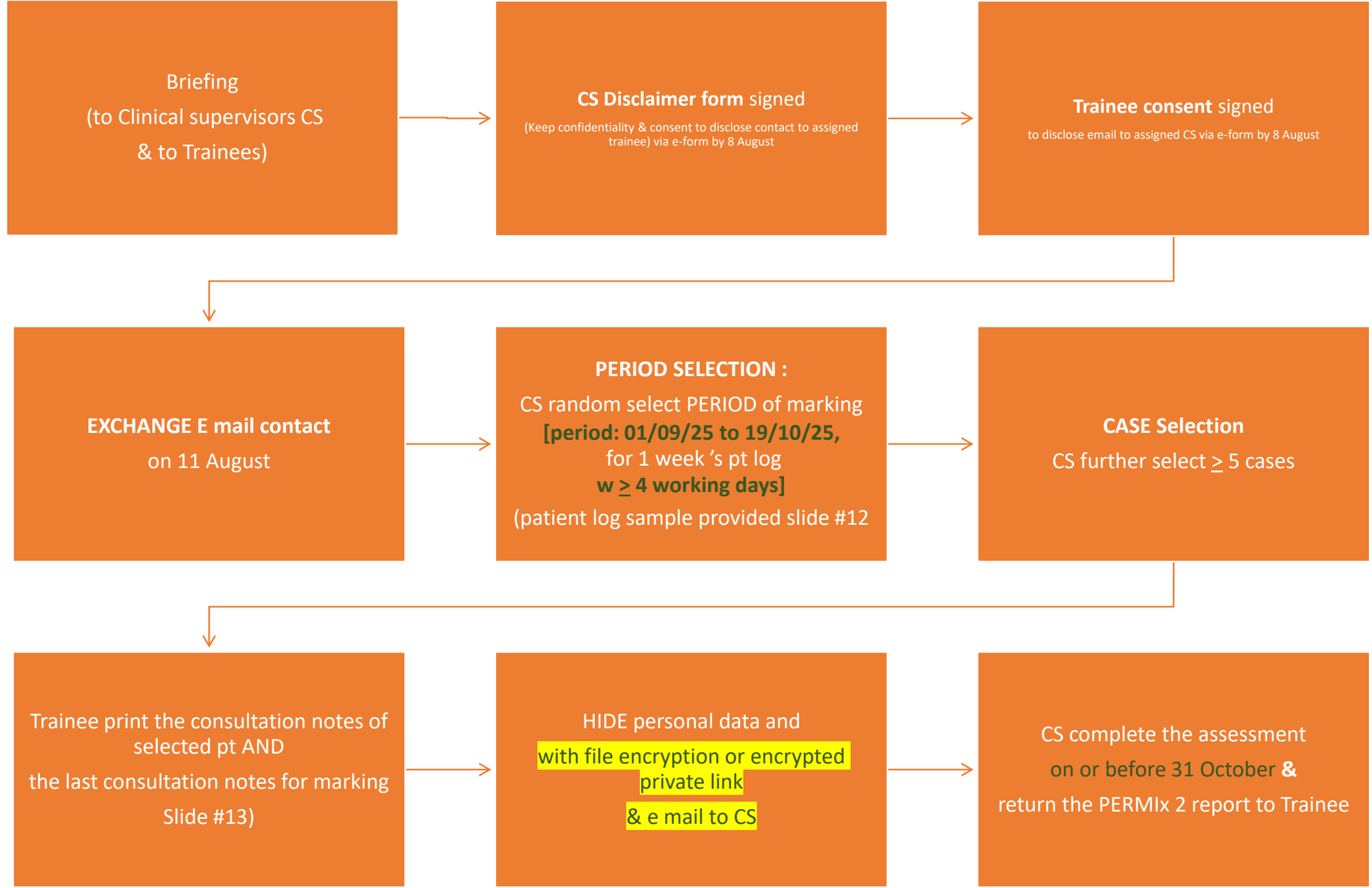
# PERMix (2)

## Cross cluster/Institution Supervisor marking

Logistic & Standardization for Higher 1

2025/08/07

# Summary of OVERALL LOGISTICS



# Highlight to NOTE:

1. **Assessment period** 1/9/2025 to 19/10/2025
2. **Completion of assessment** by Clinical Supervisors (CS): 31/10/2025
3. **PERMIx 2** is an assessment on **record of normal daily consultation**, as all PERMIx are (**except that print out is to be assessed**)
4. **CS pls aware of standardization of marking in this ppt** (same file as 2025/5/7 supervisor briefing)
5. **Status at online spreadsheet:** HT pls update the respective column that is marked to be filled by HT
6. **Direct communication** can start ~ 11/8/2025 with both CS and HT completed the disclaimer form (for sharing of e mail contact)
7. CS and HT can communicate directly if **any supplementary** is needed for marking of printout (**Pls remark on NOTES column** of online spread sheet if add on information required)

Details

**PERMIx: Formative Assessment**

2025/3/4 v

Months	Report	By	Exit months	3/2025 batch
1	PERMIx 1A	Own supervisor		Mar-25
2				
3				
4	PERMIx 1B			Jun-25
5				
6				
7	PERMIx 2	Cross cluster/ institution supervisor		Sep-25
8				
9				
10	PERMIx 3A	Own supervisor		Dec-25
11				
12				
13	PERMIx 3B		Briefing 2027	Mar-26
14				
15				
16	PERMIx 4	Cross cluster/ institution supervisor		Jun-26
17				
18				
19	PERMIx 5A	Own supervisor	Application & Preparation	Sep-26
20				
21				
22	PERMI 5B	Own supervisor +/- or Exit Assessment	Exit months	Dec-26
23				
24				

Name of Trainee	Cluster	Cross cluster supervisor	Cluster
Dr LEE, Wan Hon, Vincent	HKE	Dr Ng Ching Luen	KW
Dr TO, Sum Yi	HKE	Dr Cheng Sai Yip, Ronald	NTW
Dr IP, Alvina	HKE	Dr Lam Wai Yiu	NTW
Dr NG, Belinda Yan To	HKU	Dr Ng Kai Man	NTW
Dr CHEUNG, Chloe Cheuk Kan	HKW	Dr Tang Kin Sze	NTW
Dr PENG, Xu	KC	Dr Fok Chun Man	HKE
Dr WONG, Anthea	KC	Dr Leung Cheuk Wing	HKE
Dr CHEUNG, Ada See Wai	KC	Dr Li Hei Lim, Felix	HKE
Dr LEE, Kin Lun	KC	Prof. Lam Tai Pong	HKU
Dr KWAN, Chun Yin	KE	Dr Wang Hua Li, Jenny	HKW
Dr WU, Sum Yi	KE	Dr Chan Pui Kwan	KC
Dr WONG, Ho Ching	KE	Dr Chen Xiao Rui Catherine	KC
Dr BIEN, Szu Hsin, Davina	KW	Dr Hung Lok Lam	KC
Dr CHAN, Ka Wing	KW	Dr Tam Wah Kit	KC
Dr HO, Ka Yan	KW	Dr Fung Hoi Tik	KE
Dr CHAN, Sze Ling	KW	Dr Luk Man Hei Matthew	KE
Dr WONG, Yin Sum	KW	Dr Wong Tseng Kwong	KE
Dr SHENG, Wei Yang	NTW	Dr Fok, Peter Anthony	KW
Dr LAM, Yat Hei	NTW	Dr Fok, Peter Anthony	KW
Dr WU, Flora	NTW	Dr Fu Sau Nga	KW
Dr WONG, Tsz Yan	NTW	Dr Kwan Sin man	KW

# For supervisor:

- Pls fill in the disclaimer form (Deadline **8/8/2025**)

<https://forms.gle/6ygbGLmcNXK9z6nD7>

Communicate with HT directly if needed through e mail

- Select week of assessment and inform trainees (can change if trainee is on leave or with working days <4 in that week)
- **Adhere to Criteria of medical record assessment:** Clear, accurate, precise, concise and consistent
- **REMEMBER NOT to mark problem solving skills** in the PERMlx assessment
  - for educational purpose, can sd separate comments to trainees

# For Trainee:

- Submit the consent via google form on or before **8/8/2025**:  
<https://forms.gle/6ygbGLmcNXK9z6nD7>
- Update the status at online spreadsheet (year 1): (column **E, F, G, H, I, J**)  
[https://docs.google.com/spreadsheets/d/1Yr95g4DyxG1oXa4zyTIEhr\\_f9E-Oj00XATzqE\\_Wgu4c/edit?gid=0#gid=0](https://docs.google.com/spreadsheets/d/1Yr95g4DyxG1oXa4zyTIEhr_f9E-Oj00XATzqE_Wgu4c/edit?gid=0#gid=0)
- Column F, after agreement between Trainee and Supervisor to Status (Column E) changed to (CS) 1 week selected.

Dr Fu Sau Nga

Not started

(CS) 1 week selected

(HT) Patient log provided

(CS) at least 5 medical records randomly selected

(HT) Encrypted & Masked Consultation Notes ready

Completed

PERMix										
Tr	Trainee	Status	Supervisor	CS Disclaimer form signed and returned to BVTs by 30 May 2025	CS 1 week selected	HT Patient log sent date	CS selected 5+ cases date	HT Consultation Notes sent date	Due date	Tr Notes
Example Trainee		Completed	Dr. Clinical Supervisor	Yes	7/7 to 13/7	25/07/2025	26/07/2025	31/07/2025	01/08/2025	Notes

- Contact the College Sec if any difficulty encounter



Logistics/Forms (details)

The Hong Kong College of Family Physicians

香港家庭醫學學院



- Version May 2025

**Practice visit:**

**Medical Record Review including**

**Investigation (PERMIX Report \_\_\_\_)**

Trainee	
Practice name & address	(Working in the practice since ____ / ____)

Supervisor/ Assessor		
Period Assessed	1st assessment: week from	2 <sup>nd</sup> Assessment: week from
Date of assessment		
Signature		

## Introduction

Medical Record and Investigation Review is part of the Practice Visit during the training period. Reviewing this through random sampling can help trainees to maintain the standard through daily practice.

Assessors should be Trainee's Clinical Supervisor in higher training **or a cross cluster supervisors** or PA examiner if necessary.

Process:

1. Trainee's record OVERALL framework should have **layout appropriate** for input, easy retrieval and alert on significant findings as needed and relevant to Family Medicine Practice.
2. It will be done **every 3 monthly**.
3. Can choose consultation in different clinic or session that trainee is working.
4. Assessors/Supervisors will choose **any 1 week** for assessment during the period. During the week, trainee needs to work for at least **4 normal working days**.
5. Trainee will be informed of the week of random sampling. Trainee needs to
  - a. Prepare related **Consecutive consultation log** as instructed by supervisors.
  - b. **Put \*on cases with** Anticipatory Care done for that visit
  - c. **FOR WALK IN Pt, Put ##on cases with Investigation (exclude POCT) ordered for that visit**
6. Assessors need to:
  - a. Randomly select at least 5 medical records from the case log to mark every 3 monthly (*Assessment 1: Case 1-5, Assessment 2: Case 6-10*)
  - b. Use the PERMIX Assessment Form
  - c. Assessors are advised to choose more for random checking if needed especially as part of the education process
  - d. Give feedback (with documentation) to the Trainee *after each assessment*
  - e. For every **3-6** monthly, a consolidated report will be compiled **according to the PERMIX Formative Assessment schedule**
  - f. Need to include at least **1 records (out of 5 records)** with investigations for assessment
7. Trainee need to return the SCAN copy of the completed and signed assessment form to BVTS secretariat.  
**Trainee need to keep related consultation log for College's checking until completion of training.**

- Consecutive 1wk (at least 4 normal working day of trainee during the wk)
- Random sampling
- $\geq 5$  record
- at least 1 with 1x (##)

- Patient log list sample



- Patient record PRINT OUT will be marked (+ print last consultation note for reference)

- Format sent to cross cluster supervisor
  - Hide all patient identifier & encrypted



# Patient log sample

Speciality: <span></span>		Enquiry Period: 06-May-2025 to 06-May-2025		GOPC Appointment Patient Listing				System date/time: 07-May-2025 08:53			
				Attend Status: All		Session: AM		Assm. Status: All		Consult. Status: All	
Slot Datetime	Priority	Sub-Spec	Name	Sex/Age	MRN	Attend Status	Appt. Type	Attend Time	Assm.	Consult.	Book Datetime
06-May-2025 09:00N0001		TYT8	TO, 1	M/45y		Y	W	08:46	N/A	Done	06-May-2025 07:00
06-May-2025 09:00N0002		TYT8	LI, JI	F/54y		Y	W	08:45	N/A	Done	06-May-2025 08:45
06-May-2025 09:00N0003		TYT8	LOK,	M/40y		Y	W	08:49	N/A	Done	06-May-2025 08:49
06-May-2025 09:15N0006		TYT8	CHEI	F/79y		Y	P	08:59	N/A	Done	05-May-2025 09:01
06-May-2025 09:15S0007		TYT8	WON	F/62y		Y	P	08:07	N/A	Done	07-Jan-2025 12:19
06-May-2025 09:30N0008		TYT8	TAM,	F/85y		Y	P	09:27	N/A	Done	05-May-2025 10:00
06-May-2025 09:30N0009		TYT8	WON	F/53y		Y	P	08:36	N/A	Done	05-May-2025 10:00
06-May-2025 09:30N0010		TYT8	CHO	F/88y			P	Unattended	N/A	Waiting	05-May-2025 10:02
06-May-2025 09:45S0011		TYT8	MA, I	M/72y		Y	P	09:11	N/A	Done	07-Jan-2025 09:59
06-May-2025 09:45S0012		TYT8	WON	F/84y		Y	P	07:46	N/A	Done	07-Jan-2025 10:19
06-May-2025 09:45S0013		TYT8	KOO	F/73y		Y	P	09:41	N/A	Done	22-Jan-2025 10:22
06-May-2025 10:00N0014		TYT8	HO, I	M/68y		Y	P	09:44	N/A	Done	05-May-2025 10:02
06-May-2025 10:00S0015		TYT8	LAU,	M/72y		Y	P	09:47	N/A	Done	05-May-2025 22:12
06-May-2025 10:01S0016		TYT8	WON	F/82y		Y	P	09:55	N/A	Done	18-Mar-2025 11:36
06-May-2025 10:15S0017		TYT8	CHA	M/75y		Y	P	09:03	N/A	Done	07-Jan-2025 10:23
06-May-2025 10:15S0018		TYT8	SIE,	F/85y		Y	P	10:21	N/A	Done	07-Jan-2025 10:36
06-May-2025 10:30S0019		TYT8	LAU,	F/52y		Y	P	08:46	N/A	Done	02-Jan-2025 11:34
06-May-2025 10:30S0020		TYT8	CHAI	F/89y		Y	P	10:22	N/A	Done	07-Jan-2025 11:14
06-May-2025 10:45S0021		TYT8	WON	F/77y		Y	P	09:07	N/A	Done	07-Jan-2025 11:19
06-May-2025 10:45S0022		TYT8	POO	M/80y		Y	P	09:45	N/A	Done	07-Jan-2025 11:20
06-May-2025 10:45S0023		TYT8	PAI, :	M/75y		Y	P	10:32	N/A	Done	05-May-2025 09:00
06-May-2025 11:00S0024		TYT8	PHAI	F/74y		Y	P	09:42	N/A	Done	07-Jan-2025 11:22
06-May-2025 11:00S0025		TYT8	CHAI	M/76y		Y	P	10:33	N/A	Done	07-Jan-2025 11:26
06-May-2025 11:00S0026		TYT8	PANK	F/50y		Y	P	09:30	N/A	Done	05-May-2025 10:00
06-May-2025 11:15S0027		TYT8	GON	M/62y		Y	P	11:14	N/A	Done	07-Jan-2025 11:32
06-May-2025 11:15S0028		TYT8	POOI	F/66y		Y	P	11:00	N/A	Done	07-Jan-2025 11:42
06-May-2025 11:15N0029		TYT8	TAO,	F/58y		Y	W	09:15	N/A	Done	06-May-2025 08:50
06-May-2025 11:30S0031		TYT8	LOK,	M/85y		Y	P	10:47	N/A	Done	03-Jan-2025 15:10

Speciality:		Enquiry Period: 10-Jul-2025 to 10-Jul-2025		GOPC Appointment Patient Listing				System date/time: 10-Jul-2025 16:35					
Sub:		Attend Status: All		Session: PM		Assm. Status: All		Consult. Status: Done					
Slot Datetime	Priority Spec	Name	Chi Name	Episode	HKID	Sex/Age	MRN	Attend Status	Appt. Type	Attend Time	Assm.	Consult.	Book Datetime
# 10-Jul-2025 14:00	N0001	HKC3 H				F/29y		Y	W	13:33	N/A	Done	10-Jul-2025 12:43
# 10-Jul-2025 14:15	N0004	HKC3 H				F/77y		Y	P	14:02	N/A	Done	09-Jul-2025 14:03
* 10-Jul-2025 14:15	S0005	HKC3 LI				F/70y		Y	P	13:45	N/A	Done	06-Mar-2025 14:22
* 10-Jul-2025 14:15	S0006	HKC3 CI				F/78y		Y	P	14:04	N/A	Done	06-Mar-2025 14:27
10-Jul-2025 14:15	S0007	HKC3 LI				F/74y		Y	P	14:10	N/A	Done	06-Mar-2025 15:24
# 10-Jul-2025 14:30	S0009	HKC3 W				F/83y		Y	P	14:09	N/A	Done	09-Jul-2025 16:31
10-Jul-2025 14:45	N0010	HKC3 LI				M/61y		Y	P	15:22	N/A	Done	09-Jul-2025 15:24
* 10-Jul-2025 14:45	S0011	HKC3 AI				F/86y		Y	P	12:45	N/A	Done	06-Mar-2025 14:37
10-Jul-2025 14:45	S0012	HKC3 KI				F/54y		Y	P	14:06	N/A	Done	06-Mar-2025 15:16
10-Jul-2025 14:45	S0013	HKC3 TA				M/74y		Y	P	14:57	N/A	Done	06-Mar-2025 15:20
10-Jul-2025 15:00	S0014	HKC3 RI				F/90y		Y	P	14:55	N/A	Done	06-Mar-2025 15:49
# 10-Jul-2025 15:00	S0015	HKC3 NK				F/56y		Y	P	14:50	N/A	Done	09-Jul-2025 14:46
10-Jul-2025 15:01	S0016	HKC3 LE				F/73y		Y	P	14:53	N/A	Done	27-Mar-2025 15:35
* 10-Jul-2025 15:15	S0017	HKC3 W				F/75y		Y	P	14:53	N/A	Done	06-Mar-2025 16:17
10-Jul-2025 15:15	S0018	HKC3 FA				F/75y		Y	P	14:47	N/A	Done	06-Mar-2025 16:19
10-Jul-2025 15:15	S0019	HKC3 MA				F/69y		Y	P	14:50	N/A	Done	13-Mar-2025 15:27
* 10-Jul-2025 15:45	S0022	HKC3 CH				M/60y		Y	P	15:38	N/A	Done	13-Mar-2025 16:33
10-Jul-2025 15:47	S0023	HKC3 TC				M/85y		Y	P	15:13	N/A	Done	08-Jul-2025 14:07
10-Jul-2025 16:00	N0024	HKC3 HC				F/61y		Y	P	16:10	N/A	Done	
10-Jul-2025 16:00	S0025	HKC3 YH				M/60y		Y	P	15:54	N/A	Done	
10-Jul-2025 16:15	N0026	HKC3 LI				F/70y		Y	P	15:45	N/A	Done	
10-Jul-2025 16:15	N0027	HKC3 MA				M/38y		Y	W	16:13	N/A	Done	
Total No. of Patients: 22													

Correct Sample

Speciality:

Slot Datetime

26-Jun-2025

26-Jun-2025

26-Jun-2025

26-Jun-2025

26-Jun-2025

26-Jun-2025

Correct Sample

Speciality:

Enquiry Period: 26-Jun-2025 to 26-Jun-2025

GOPC Appointment Patient Listing

Attend Status: All Session: AM

System date/time: 26-Jun-2025 09:02

Assm. Status: All Consult. Status: Waiting

Slot Datetime	Priority Spec	Sub-Spec	Name	Chi Name	Episode	HKID	Sex/Age	MRN	Attend Status	Appt. Type	Attend Time	Assm.	Consult.	Book Datetime
26-Jun-2025 09:00	N0601	WH06		葉			F/37y		Y	W	07:01	N/A	Waiting	26-Jun-2025 07:00
26-Jun-2025 09:00	N0602	WH06		張			F/39y		Y	W	08:56	N/A	Waiting	26-Jun-2025 07:01
26-Jun-2025 09:00	N0603	WH06		鍾			M/49y		Y	W	08:44	N/A	Waiting	26-Jun-2025 08:44
26-Jun-2025 09:00	N0604	WH06		林			M/60y		Y	W	08:45	N/A	Waiting	26-Jun-2025 08:45
26-Jun-2025 09:15	S0607	WH06		戴			M/45y		Y	W	08:47	N/A	Waiting	26-Jun-2025 08:47
26-Jun-2025 09:15	S0608	WH06		潘			F/63y		Y	P	07:16	N/A	Waiting	06-Feb-2025 09:30
26-Jun-2025 09:30	S0609	WH06		周			M/58y		Y	P	08:59	N/A	Waiting	06-Feb-2025 09:38
26-Jun-2025 09:30	S0610	WH06		韋			F/67y			P	—	N/A	Waiting	06-Feb-2025 09:47
26-Jun-2025 09:30	S0611	WH06		林			M/65y			P	—	N/A	Waiting	06-Feb-2025 09:51
26-Jun-2025 09:45	S0612	WH06		黃			M/82y		Y	P	09:02	N/A	Waiting	06-Feb-2025 10:03
26-Jun-2025 09:45	S0613	WH06		楊			F/69y		Y	P	08:48	N/A	Waiting	06-Feb-2025 10:17
26-Jun-2025 09:45	S0614	WH06		張			F/67y			P	—	N/A	Waiting	06-Feb-2025 10:23
26-Jun-2025 10:00	S0615	WH06		陳			M/50y			P	—	N/A	Waiting	06-Feb-2025 10:30
26-Jun-2025 10:00	S0616	WH06		李			M/73y			P	—	N/A	Waiting	06-Feb-2025 10:38
26-Jun-2025 10:00	S0617	WH06		趙			M/79y			P	—	N/A	Waiting	06-Feb-2025 10:44
26-Jun-2025 10:15	S0618	WH06		李			M/71y			P	—	N/A	Waiting	06-Feb-2025 10:48
26-Jun-2025 10:15	S0619	WH06		區			F/69y			P	—	N/A	Waiting	06-Feb-2025 10:55
26-Jun-2025 10:15	N0620	WH06		陳			F/70y			P	—	N/A	Waiting	06-Feb-2025 11:02
26-Jun-2025 10:30	S0621	WH06		黃			F/59y			P	—	N/A	Waiting	20-Feb-2025 10:07
26-Jun-2025 10:30	S0622	WH06		劉			M/67y			P	—	N/A	Waiting	29-May-2025 10:02
26-Jun-2025 10:30	S0623	WH06		鄭			F/65y			P	—	N/A	Waiting	06-Feb-2025 11:22
26-Jun-2025 10:45	S0624	WH06		蕭			F/66y			P	—	N/A	Waiting	06-Feb-2025 11:28
26-Jun-2025 10:45	S0625	WH06		張			F/66y			P	—	N/A	Waiting	06-Feb-2025 11:33
26-Jun-2025 10:45	N0626	WH06		何			F/49y			P	—	N/A	Waiting	06-Feb-2025 11:39
26-Jun-2025 11:00	S0627	WH06		馮			M/66y			P	—	N/A	Waiting	20-Feb-2025 10:27
26-Jun-2025 11:00	S0628	WH06		梁			F/61y			P	—	N/A	Waiting	06-Feb-2025 11:44
26-Jun-2025 11:00	S0629	WH06		陳			M/74y			P	—	N/A	Waiting	06-Feb-2025 11:50
26-Jun-2025 11:00	S0630	WH06		陳			M/57y			P	—	N/A	Waiting	06-Feb-2025 11:56

Incorrect sample



# Patient list selected and communication log

Perplx 2 Dr				Assessor: Dr		Date:	
	Date	Session	Case no	Surname	Sex/Age	Walk in (W)/ Chronic (FU)	Special notes
1	6/23/2025	AM	S0617	許	F/49	W	
2	6/23/2025	AM	N0634	袁	F/7m	W	
3	6/23/2025	PM	N0613	許	M/18m	W	
4	6/24/2025	PM	S0613	黃	F/77	FU	
5	6/25/2025	PM	S0614	張	F/42	W	#
6	6/25/2025	PM	S0625	張	M/57	W	#
7	6/26/2025	AM	S0616	趙	M/79	FU	
8	6/26/2025	PM	S0615	布	M/45	FU	
9	6/27/2025	AM	N0620	黎	F/17	W	

## Remarks: Clarification with Trainee

1. 24/7 e mail clarification on whether all patient are having investigation as all patients are having # in 1st submission:

26/7 e mail return from Dr Chen with updated list with remark (only # and no \*)

# Consultation notes PRINT OUT will be marked

- PRINT OUT:
  - Consultation note of the selected patient on that date **AND**
  - the Last Consultation note attending the same clinic (for reference and will NOT be marked)
- HIDE all patient identifier (leave surname and age)
- ENCRYPT the file with secure password
- E mail to CS

## Attention:

Trainees are required to **print out** the selected record **as it is documented on the date of consultation.**

If in doubt, cross-cluster supervisors can report to the Board and if proven to be a case of forgery, trainees will have straight fail in the PERMix.

END



# Supplementary Information slide

# Standardization of marking on

## Basic information as appropriate

Same as briefing in

1) for all higher trainees introduction workshop  
(run in March of each year for Higher 1)

2) Supervisor on PERMIx 3B on 2025/5/7

# Basic information

## PERMIX Assessment Form

Record type Assessed: ☐ Electronic ☐ Hard copy ☐ Both

Overall Format Appropriate to FM Practice ☐ Yes ☐ No, DO NOT PROCEED if No

Assessment 1: Case 1 to \_\_\_\_; Assessment 2: Case \_\_\_\_ to \_\_\_\_

Assessment 1 or 2 (pls input)															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Pls input Serial No (Refer to Appendix 2)															
0. Legibility															
i. Allergy / Adverse drug reactions															
ii. Basic Information (As appropriate)															
	Can include Current medication list, Problem list (Current / Past health), Family history of significant illness, Genogram, Social history, occupation, basic parameters like Blood pressure/BMI, Growth chart, immunization status, tobacco and alcohol use as appropriate														
Grade (please ✓ one)															
A															
C															
E															
N															



Overall performance on Basic Information: area(s) need attention / improvement	Assessment 1 If applicable, please ✓; higher priority ✓✓, etc.	Assessment 2: If applicable, please ✓; higher priority ✓✓, etc.
• Information not updated		
• Inaccurate / inconsistent with other part(s) of the record		
• Documentation: unclear		
• Documentation: length not appropriate		
• Others:		

Overall performance: <b>Clear, update, precise, consistent and concise</b>	
Grade (please circle one)	
A	Very good to Outstanding, mastery of most components and capability
C	Satisfactory to good in most components
E	Need to overcome some omissions / defects that may have impact on patient care
N	Illegible or Major Wrong information which significantly affect patient management or medical communication

## Can include.....AS appropriate

- Problem list (Current / Past health): with e.g. in following slides
- Current medication list (prescribed in same clinic for chronic condn)
- Family history of significant illness
- Genogram
- Social history, occupation
- Basic parameters like Blood pressure/BMI, Growth chart, immunization status
- Tobacco and alcohol use

- Consultation notes on 12/7/2024
- M/67
- Fu x HT, IFG, obesity
- CS ~ 1ppd
- Social drinker
- Lives w wife
- 8/2023
- FG 5.6 Hba1c 5.9
- eGFR 65, uPCR 0.08mg/mg
- ALT n
- TC 3.6 HDL 1.6 LDL 1.4 TG 1.2
- =====
- Good compliance
- No exertional chest pain
- HBP (arm) recall 12x-13x/8x
- Imp: HT, IFG, hyperlipid
- Mx
- Rept med
- book 16/52
- - PRB pending Sur 7/2023
- - OA knee Fu Ortho
- 1/2021
- FG 5.2 Hba1c 5.7
- eGFR 81
- TC 4.3 HDL 1.6 LDL 2.3 TG 0.9
- 1/2023
- FG 5.7 Hba1c 6.1
- eGFR 65, uPCR 0.05mg/mg
- TC 5.5 HDL 1.3 LDL 3.2 TG 2.0 + Lipitor

- Dx not update  
- PMHx not update  
- Lengthy old blood results

<b>SAMPLE</b>	Good compliance
M/67	No exertional chest pain
FU x HT, IFG, hyperlipid, obesity	HBP (arm) recall 12x-13x/8x
CS ~ 1ppd	Imp: HT, IFG, hyperlipid
Social drinker	
Lives w wife	Mx
	Rept med
- Ca colon with OT, FU Sur	book 16/52
- OA knee FU Ortho	
8/2023	
FG 5.6 Hba1c 5.9	
eGFR 65, uPCR 0.08mg/mg	
ALT n	
TC 3.6 HDL 1.6 LDL 1.4 TG 1.2	
=====	

- Consultation on 10/7/2024
- Fu x DM, HT, hyperlipid, gout, fatty liver (USG 5/2018)
- 12/2011 HbsAg –ve; 5/2012 antiHCV –ve
- ECG 10/10/2013 SR, HR 64bpm, no ischaemic change
- EP 10/2020: no retinopathy
- 12/2020
- A1c 6.8 FG 8.1
- eGFR 56 uACR n
- TG 1.5 TC 4.2 HDL 1.4 LDL 2.2
- 6/2021
- A1c 7.4 eGFR 57

- 5/2023
- Hba1c 7.6 FG 9.0
- eGFR 59, uACR n
- TC 4.2 HDL 1.4 LDL 2.2 TG 1.4 ALT 29
- =====

- Dx not update  
- Lengthy old blood results

#### SAMPLE

FU x DM, HT, CKD, hyperlipid, gout, fatty liver (USG 5/2018)  
12/2011 HbsAg –ve, 5/2012 antiHCV –ve

EP 10/2020 No retinopathy

ECG 10/2013 SR, HR 64 bpm, no ischaemic change

5/2023  
Hba1c 7.6 FG 9.0  
eGFR 59 static, uACR n  
TC 4.2 HDL 1.4 LDL 2.2 TG 1.4  
ALT 29  
=====

- Consultation notes 30/12/2023
- Fu x DM (11/2016), HT, hyperlipid
- dLFT, USG hepatic lesion Fu Sur
- ADP 2.3, HbsAg –ve
- Private CT 1/2019
- Isodense lesion at segment III of iver, with peripheral enhancement in arterial phase and becomes isdense with adjacent liver parenchyma
- MADD Fu Psy
- Social drinker, herbal tea drinker
- FHx: father, 2 siblings with DM
- 1/2019 step up MF to 1g BD
- 3/2019
- ALT 72 <- 43
- TC 6.2 HDL 1.4 LDL 3.4 TG 3.1
- FBS 8.2 Hba1c 7.0
- Cr 57 eGFR >90
- uACR 0.9
- 3/2018 EP no retinopathy
- 8/2019
- TC 5.6 HDL 1.3 LDL 3.1 TG 2.6 LFT n
- 8/2019 add Zocor 10mg
- Admitted EMW 1/2020 for dizziness
- ECG SR, no ST changes
- Trop I <10.0, CBP, RFT n
- CTB: no haemorrhage, anterior horn hypodensities esp the R side unlikely infarct
- XR C spine: mild degenerative changes
- XR T spine: mild degenerative changes
- CXR clear
- 5/2020
- FBS 8.4 Hba1c 6.4
- TC 4.3 HDL 1.7 LDL 2.1 TG 1.1
- Cr 56 eGFR >90 uACR 1.4
- DMCS no DM neuropathy
- 6/2020 EP: no DMR
- 5/2021
- FBS 11.5 Hba1c 6.6
- TC 4.5 HDL 1.7 LDL 2.1 TG 1.8
- eGFR >90, ALT n, uACR n
- 11/2021 step up Norvasc to 7.5mg
- 4/2022
- EP: bil R1, repeat 1 year
- 5/2022
- Hba1c 6.5 FBS 6.6
- eGFR >90 ALT 25
- TC 4.0 HDL 1.7 LDL 1.3 TG 2.1
- 10/2022 private CTCA
- Calcified plaques scattered along proximal and mid RCA and mid LAD, both < 50% diameter stenosis
- 8/2023 EP: no retinopathy
- 9/2023
- Hba1c 6.3 FBS 5.7
- eGFR 80, uACR 1.1
- ALT n
- TC 3.7 HDL 1.8 LDL 1.5 LDL 0.8
- =====

- Dx not update  
 - PMHx not update  
 - Unclear documentation  
 - Lengthy old Ix results

## SAMPLE

Fu x DM (11/2016), HT, hyperlipid, mild CAD

10/2022 private CTCA: calcified plaques scattered along proximal and mid RCA and LAD, causing <50% diameter stenosis cc Med 10/2021 not for aspirin

1/2018 HbsAg -ve

Fatty liver with focal fatty sparing cc Sur 6/2022

Social drinker

- abn ECG (referred by Psy 5/2023) pending Med 1/2024

- MADD FU Psy

- Change bowel habit Fu Sur

8/2023 EP: no retinopathy, recheck 1-2 years

9/2023

Hba1c 6.3 FBS 5.7

eGFR 80, uACR 1.1

ALT n

TC 3.7 HDL 1.8 LDL 1.5 TG 0.8

=====

# Basic information as appropriate for children

**YVH F/4yr**

Drug Allergy

(1) No Known Drug Allergy

Health Status

Wt 16.6kg Ht 1.07m BMI 14.5 T 36.6

Consultation note written by Dr on 24-Jan-2025 12:35 PM

IVAS

GPH

Immunization up to date

Live with parents, only child

Carer: mother

BW/Ht: along 50<sup>th</sup> percentile

With Mother

RN, ST, Cough for 5 days

Fever up to 39 degree C 5 days ago, ↓trend

Vomiting 1x on D1 fever, no more then

No SOB

TOCC -ve

RAT not done

1 2 3 4 5 6 7 8 9 10



Reminder



Wed 30/04/2025 17:00

LAI Kathy

REMINDER: BVTs - Higher training to ALL HIGHER one trainees (call for submission deadline 31/8/2025)

To

Cc BVTs

*To Higher one trainees and supervisors:*

Dear Higher one trainees,

The **Higher Training Introductory Seminar 2025** video is now available at HKAM eLMS, please login to eLMS by using your eHKAM ID and click the URL: <https://lms.hkam.org.hk/enroll/KN99Y8> for self-enrol.

For month 1<sup>st</sup> - 7<sup>th</sup> submission, please be reminded to submit the following documents to [BVTs@hkcfp.org.hk](mailto:BVTs@hkcfp.org.hk) **on or before 31/8/2025:**

1. Learning Portfolio
2. PERMix
3. Activity log and Competency case log (excel format)
4. Elective application

For CSR video, **please keep one copy with encryption your own** and submit upon request by the College.

Thanks for your attention to this.

*Bcc: Cluster Training coordinators*